

Jikoji Zen Center

Tanjo-e Sesshin Schedule April 6 - 10, 2022

Tan = birth, beginning; jo = samadhi; -e = assembly

Wednesday	Thursday - Saturday	Sunday
2 pm - 5 pm Arrive and register	5:30 wake-up bell	5:30 wake-up bell
5:30 Dinner and clean up	6:00 zazen (some to ridge)	6:00 zazen
7:00 zazen	6:40 robe chant and kinhin	6:40 robe chant and kinhin
7:30 kinhin	6:50 zazen	6:50 zazen
7:40 zazen	7:20 service	7:20 service and closing remarks
8:10 opening remarks	7:35 soji	8:00 Breakfast
	8:00 Breakfast	8:30 clean up
	8:30 clean up	
	9:00 zazen	
	9:40 kinhin	
	9:50 zazen	
6:46 AM sunrise Ap 6	10:30 silent work meditation	
6:40 AM Sunrise Ap 9	10:40	
7:35 PM Sunset Ap 6	11:20	
7:38 PM Sunset Ap 9	11:30	
	12:00 Lunch	
	1:30 work practice	
	2:45 clean up	
	3:00 tea and DT/discussion	
	4:10 kinhin	
	4:20 zazen	
	4:50 kinhin	
	5:00 zazen	
	5:30 Dinner	
	7:00 zazen on ridge	
	7:40 kinhin to zendo	
	7:50 zazen	
	8:25 3 Refuges and 9 bows	
		Sunday Program
		10:00 zazen
		10:40 kinhin
		10:50 zazen
		11:20 service
		11:40 Dharma Talk
		Talks
		3:00 Thursday - Carolyn Dille
		3:00 Friday - Doug Jacobson
		3:00 Sat - Eric Remington and Doug Jacobson
		11:40 Sunday - Carolyn Dille
		1:00 Set-up for Buddha's Birthday
		2:00 Buddha's Birthday Ceremony & Celebration

